KATHARINE LADY BERKELEY'S SCHOOL
FOUNDED 1384

Newsletter

October 2026

It is difficult to believe that we have already reached the end of our first half term. September seems a distant memory, particularly when I think about everything that has happened since the start of the school year.

Our Year 7 Welcome Concert was a special highlight. It was a fabulous evening, and quite remarkable to see students who have only been at KLB for a few weeks performing with such confidence and enjoyment. It was a lovely reminder of how quickly our youngest students are becoming part of the school community.



Another standout event was our Careers Convention, organised by Helen Isaacs. With over 70 organisations represented, students from Years 9 to 13 had the opportunity to speak directly to employers, universities and training providers, exploring possibilities for their futures. The scale of the event was quite something, and I am truly grateful to Helen for the work involved in bringing it all together, and to the organisations who gave their time so generously. Events like this can make a real difference in helping young people understand the range of opportunities available to them.

As always, our students have been busy beyond the classroom. Year 11 geographers visited Bourton-on-the-Water to undertake fieldwork, while year 11 RE students benefited from a visit by a representative of the Probation Service, offering an insight into an aspect of the criminal justice system. Meanwhile, more than 40 year 7 students are attending our STEAM Tech Club, and the growing popularity of our Greenpower Car Club means that we are now looking at racing two cars rather than one!

It has also been an encouraging start to the year for the Duke of Edinburgh's Award, with a record 225 KLB students signing up across Bronze, Silver and Gold levels. It is wonderful to see so many young people willing to commit their time to developing new skills, volunteering and challenging themselves. Sport has been equally busy, with our girls' hockey teams particularly active this half term, alongside the many other fixtures and competitions taking place.



One of the most impressive examples of our students coming together was our Hello Yellow fundraising day in support of young people's mental health. Through a combination of non-uniform, cake sales and activities, we raised an incredible £3,880. It was a lovely day, made even better by knowing that the money raised will support such an important cause. Thank you to everyone who contributed.

These are just a few of the experiences featured in this month's newsletter. It's lovely to see students getting involved in such different aspects of school life, whether performing on stage, representing KLB in sport, exploring future careers or supporting a cause that matters to them. I am very grateful to the staff who make these opportunities possible.

I hope everyone has enjoyed a well-deserved half-term break, and I look forward to the weeks ahead.

Hannah Khan, Headteacher

Year 7 Welcome Showcase

Sixty-two students took part in the Year 7 Welcome Showcase, the Music Department's first concert of the year. Among them were an incredible 18 year 7 soloists, who demonstrated great courage and musicality by performing to an audience of more than 150 people in the Berkeley Theatre.

Students showcased a wide range of musical talents, including singing, piano, violin, guitar and double bass. We are incredibly proud to have such brilliant talent in our year 7 cohort.



Junior Choir also made its 2026/27 debut, performing *A Million Dreams* from The Greatest Showman and *I Want It That Way* by the Backstreet Boys. The performances featured vocal solos and instrumental accompaniment from some of our older students in years 8 and 9.

We now look forward to welcoming both Junior Choir and Senior Choir to St Mary's Church for the candlelit Carol Service on Tuesday 15 December, which is always a magical evening.

M Smith, Head of Music

Darkness - A Halloween Poem



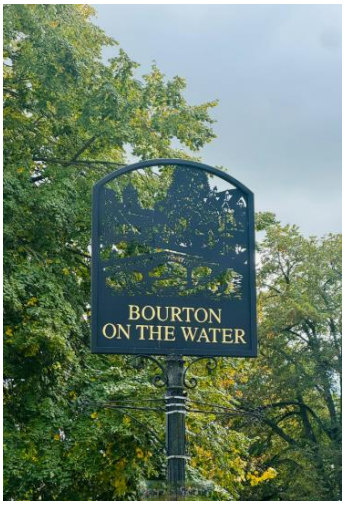
I dash through the streets,
Slithering down people's collars.

You hear noises at night so you open the door
Only to see me crawling on all fours towards you.

I watch you whilst you sleep-
The second you turn your light off, I'm here.

Suzanna Hook, Year 10 (Poetry Club)

Year 11 Geography Fieldwork Trip, Bourton-on-the-Water



Our year 11 geography students enjoyed two successful day trips to Bourton-on-the-Water as part of the preparation for their GCSE exams. Their enquiry focused on the impact of tourism on the village, with students collecting primary data through land use surveys, pedestrian and traffic counts, and completing questionnaires with local residents and tourists.

The fieldwork provided plenty of opportunities for students to develop their geographical skills, as well as to meet visitors from around the world, including China, the USA, Sweden and Australia. There were a few memorable moments along the way, too. One aspiring angler had to abandon plans to catch a trout in the River Windrush after discovering that fishing was not permitted, while another group photo on the famous bridge was unexpectedly photobombed by a passing tourist. Students on the second trip were also treated to free burger samples from a local restaurant — a welcome bonus to a day of data collection!



Both trips were a great success, and the students represented the school brilliantly. The data they collected will provide valuable evidence for their geography exams, helping them connect classroom learning with the real-world challenges and opportunities of tourism.

K Probyn, Head of Geography



Careers Convention 2026

This year we welcomed around 70 organisations representing a diverse range of employment sectors, training providers, colleges and universities.

This is the largest single event in the careers calendar for students in years 9-13 at various stages in their careers planning. Year 9 students are encouraged to get a feel for the employers who are proactive in our area and to have conversations with options decisions in mind. Students in year 10 often prioritise work experience but are also able to have an early chat with further education providers. For year 11, post-16 options are the focus, and for sixth form students, post-18 options. Many of the employers who attended this year offer apprenticeships and there was a good mix of both colleges and universities.





The conversations students have on the evening are invaluable; they help them to understand the qualifications and skills valued in the workplace and to focus on decisions about their future options.

We extend our warmest thanks to all the representatives who attended our event for sharing their knowledge and enthusiasm and inspiring the future workforce. And thank you as always to all those who helped prepare for the evening – our amazing site team who readied the spaces and directed parking, and our fantastic year 11 and sixth form ambassadors who welcomed our visitors as they arrived and who served food for them in the canteen.

Here are just a few comments made by visitors from participating organisations:



Comms and hospitality has been amazing! Students are a credit to KLB and asked brilliant questions. It's clear their careers aspirations have been supported.

Really well organised. Students helping at start were excellent and enthusiastic. Room set up was ideal, we had large numbers of interest and the room size was ideal.

Interesting conversations with students who asked sensible and meaningful questions and showed genuine interest.

What a lovely event, really engaged students and parents and I was busy throughout the evening. A genuine pleasure to attend, it all seemed to work flawlessly as well.

Fantastic students asking interesting questions and focused on what they want to do next. Lots of interest this year in apprenticeships. Thank you for a great, well organised evening.

Really good questions, fantastic engagement from parents and students, a really productive night.

I really enjoyed the event … met some great students and parents and had some really meaningful conversations.







Students were very engaged and attentive to our responses. Lot of positive interactions.

Excellent student help, brilliant buffet that was well organised. The students were enthusiastic, inquisitive and a credit to the school.

Helen Isaacs, Work-related Learning Lead

Hello Yellow Youth Mental Health Day 2026





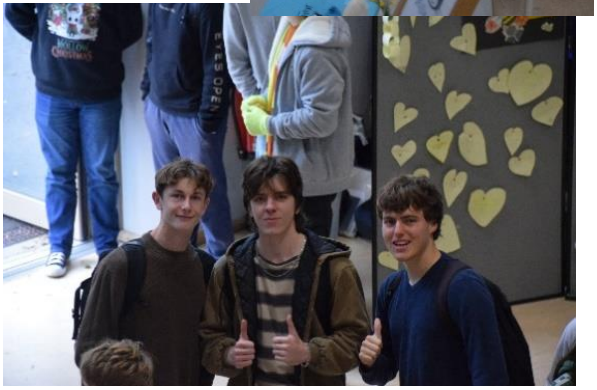
Walking around the stalls in the Berkeley Theatre, as I took in the smells of cakes, and the shouts from Tombola winners, a sense of pride and community overcame me.

Recently our school raised money for Young Minds, a youth mental health charity, by partaking in their Hello Yellow campaign. By having a bake sale and many other stalls such as hair braiding, face painting, we raised over £3880! It was fantastic to see the school community coming together to help raise money. Whether it be running and setting up stalls, or buying cakes, loom bands, temporary tattoos etc, it was amazing to see everyone involved.



The excitement was radiant; so incredible to have raised so much money for such a great cause!

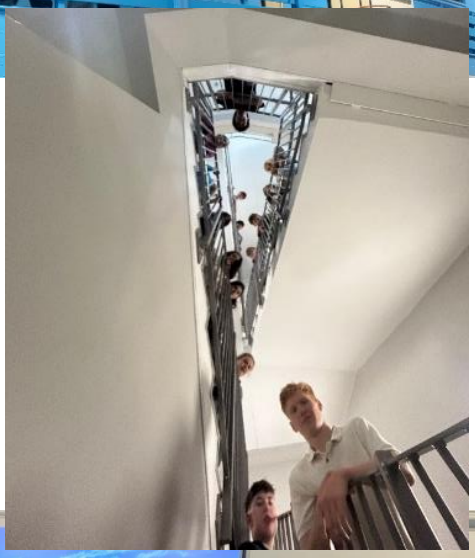
Scarlett Young, Year 12



First Day to Pyjama Day



Our first term in the sixth form has flown by with the usual intensity of the start of the academic year. Year 12s had a lively and creative first day with a range of photograph and video challenges to help students get to know each other. 12SMR snatched victory of this first inter-tutor competition.







To counter the hard work on A level courses as well as UCAS and apprenticeship applications for year 13, we have had some fun including the start of the annual sixth form tutor quiz which got under way with a nail-biting tie-break in the first round. Tutor groups have also been composing their tutor calendar photographs with pictures from film and TV for a charity calendar that will go on sale in time for Christmas – a little taste of their efforts can be seen below:







At the end of this busy term, over 100 students enjoyed Halloween film night with popcorn, sweets, hot chocolate, pillows, blankets and bean bags. To round off the term, pyjama day has been a big hit with the students who, as ever, have thrown themselves into the spirit of things.

J Campion, Head of Sixth Form









KATHARINE LADY BERKELEY'S SCHOOL

We've had fantastic interest in the Duke of Edinburgh's award scheme at all levels this year.

By the half term break, 125 students had enrolled at Bronze level and will attend registration sessions early in the new term to set up their accounts.

Fifty seven students have signed up for Silver and 45 at Gold. our highest numbers yet at these levels.

Students will already be underway with their programme of Volunteering, Physical and Skills activities and we look forward to preparations in January for the Expedition section.

It's not too late to sign up. If your child is interested in taking part, please get in touch: hisaacs@klbschool.org.uk

Helen Isaacs, DoE Coordinator

Year 11 Religious Education Students Welcome Visitor from the Probation Service

As part of the Religious Studies GCSE examination, one of the themes we cover is Crime and Punishment. During this theme students consider issues around suffering, types of crime, the reasons crime happens, the aims of punishment, different types of punishment and forgiveness. We consider these issues from an ethical and moral viewpoint and consider the responses of major world religions, such as Islam, Christianity and Buddhism, and look at Humanist views too.



Recently, we were pleased to welcome Fiona Birch from Bristol Probation service. Fiona shared insights into working as a Probation Officer and the role the probation service plays within the justice system. As a member of the Christian denomination, the Salvation Army, Fiona also shared her beliefs and worldview as a Christian regarding issues such as forgiveness, the aims and reasons for punishing people and following the teachings of Jesus.

Students asked and considered a range of interesting questions including,

Should fewer people be sent to prison?

What should the main aim of punishment be?

Are there any crimes that are unforgiveable?

What is it like in a prison?

What might a Christian believe the main aim of punishment should be?

It was interesting and informative to hear about Fiona's career in probation and how her beliefs as a Christian have helped to shape her views and opinions. Our thanks to Fiona for giving her time to talk with the year 11 students.

K Williams, RE teacher

Handeslbanken Deliver Finance Talk for Year 9 PSHE Students

On Friday 16 October we welcomed Harry Dixon and Shannen Wooldridge from Handeslbanken to speak to some of our Year 9 PSHE groups.

During an interactive and informative session, students learnt about different careers in banking, the various pathways into these, and the skills needed to succeed in a banking environment.

Students gained important knowledge about setting budgets and saving money and considered the difference between wants and needs. They also learnt how to recognise fraudulent activity, especially online and through text messages, and considered the affordability of mortgages and how banks make decisions.

Our thanks to Handelsbanken for contributing to our PSHE Finance curriculum in such a relevant and interesting way.

K Williams, Acting KS3 PSHE Lead





Year 7 Technology Club – Brush Monsters and Electric Cars

The design and technology department was delighted to see over 40 students sign up for the STEAM technology club this month. Students worked with engineers and the Technology for Fun organisers to manufacture their own electric car and electric brush monsters. They learnt how to make simple circuits and how to create the chassis for their car. They then raced their brush monsters and cars along the DT corridor.

It was a pleasure to witness the students' enthusiasm during these sessions. They worked hard on their designs, while gaining DT skills and having fun.






A big thank you to the organisers from Technology for Fun and the local engineers who supported the sessions and to the students who attended.

P Hanney, Head of DT

Hobbs House Bakery Hosts Year 13 Food Students



The year 13 food science and nutrition class went on a trip to the Hobbs Bakery Factory in Chipping Sodbury. This links with the Unit 3 project and enabled them to look at how manufacturers keep bread products consistent and address faults.

We would all like to thank the team at Hobbs for giving up their time to take us round, answer our questions and let us see the real workings of a bakery.

Even though the PPE was a surprise for some of our students, the trip was a great success.

E Seton-Mead, Food and Nutrition Teacher



Greenpower Car Club

Wow, what a start to the academic year for the Greenpower car club. The team has suddenly exploded and we welcome in excess of 25 new faces to the exisiting team which is a fantastic achievement.

With the vast number of students attending weekly we have decided to source an additional car so that we can race two cars next year at Castle Combe with two KLB teams, something I never envisaged could be a possibility when we introduced the car several years ago. With increased sponsorship achieved this year, we are able to fund new components and body styling to improve the overall performance.

If you would like to view the official photos of last year's event then please follow the link below
https://spacesuitcollections.com/view-collection/4922-Greenpower-Castle-Combe-Heat-2026

The team will meet up every Tuesday in B4 from 2.50 – 4.00pm. New members are always welcome to join the team and be part of this amazing experience.

P Hanney, K Walsh and E Chalmers

October Diversity Books

Each month we are sharing two books recommended by students in our recent diversity book project in RE.



A Sudden Storm by Bali Rai

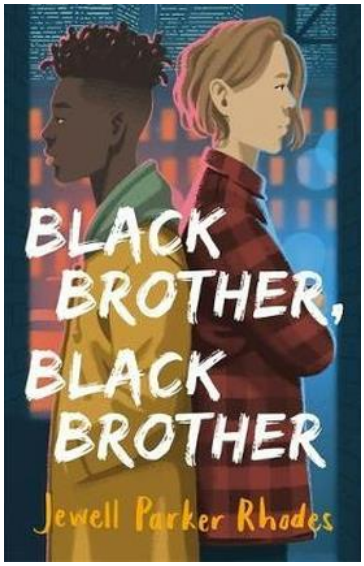
An innocent night out to celebrate a sixteenth birthday turns to tragedy in this powerful story of racial intolerance from award-winning author Bali Rai.

It's Arjan's sixteenth birthday and he's celebrating with his mates – going to see a film and then get a Nando's. He's looking forward to some good banter and wondering what might happen with Jem, who's been looking at him differently these days …

But the night comes to a dramatic and violent end when Arjan is targeted by a group of racist thugs, who single him out due to the colour of his skin and the turban that he wears, a symbol of his commitment to his faith and culture.

Is the life of a good friend and beloved son really worth so little?

Black Brother, Black Brother by Jewell Parker Rhodes



Donte wishes he were invisible.

As one of the few black boys at his school, he feels as if he is constantly swimming in whiteness. Most of the students don't look like him. They don't like him either. Dubbed the 'Black Brother', Donte's teachers and classmates make it clear they wish he were more like his lighter skinned brother, Trey.

When an incident with a white student leads to Donte's arrest and suspension, he's sure the only way to get even is to beat the student at the school's most valued game: fencing. With the help of a former Olympic fencer, Donte embarks on a journey to carve out a spot on the school's fencing team and to find a way to make people at school see past the colour of his skin to who he really is.

K Williams, RE Teacher



Library News

National Year of Reading

Thoughout 2026, we have enhanced our usual library events that take place during the year with the Department for Education's National Year of Reading campaign in mind.

The focus of the campaign encouraged students to 'Go All In' and read around their interests and hobbies, so we began the year by buying lots of new non-fiction titles to support this. These included books on fashion, crafting, gaming, skateboarding, gardening, sports and a very popular book called Urban Myths.

In February, we launched a new lunchtime activity, the Spark! Book Awards Club. Students were invited to take part in activities, competitions, write book reviews and the opportunity to read, judge and vote for their favourite book from the shortlisted titles. Traditionally, we shadow the Carnegies Book Awards with a group of students from any year group, but this was an additional club aimed at our younger students in years 7 and 8 and was very well attended.

In March, we celebrated World Book Day with a visit by award-winning author Matt Oldfield. Matt's books include the 'Ultimate Football Heroes' series, which he wrote with his brother Tom, and remains one of the most frequently borrowed series in the library here at KLB. Excitingly, Matt also wrote one of the 2026 World Book Day books so we were really lucky that he was able to visit us! He gave energetic and engaging assemblies to students in year 7 and year 8 before signing his books and running a creative writing workshop here in the library.



Keen to find alternative ways that students could engage with the National Year of Reading campaign, rather than picking up a traditional book, we introduced our new Voxblock audiobook players to students during the spring term. These brilliant, screen-free book players were generously funded by KLB Friends and with 40 different titles available, they have proved to be a big hit with students and are in use most break and lunch times.

Now that the campaign is in its last phase, the Government has announced that it will provide funding to all secondary schools in England to purchase books and reading materials that support reading for pleasure. We are excited that our funding allocation has been confirmed and are keen to buy books that our students are interested in and really want to read.

After the half term break, all students will be sent a short survey to complete via Class Charts to let us know which genres, authors or specific book titles that they would like to see in the library. We will be making our purchases from the outcomes of this poll, so please encourage your child to have their say in how the money is spent.

Stroud Book Festival

The line-up for his year's annual Stroud Book Festival includes many wonderful authors who are very popular with our students, such as Emma Carroll, Joseph Coelho and Matt Haig. The festival is taking place from 4-8 November 2026. Visit the Festival website to find out more about the programme of events on offer.

L Hill, Librarian

November challenge

This November schools across the UK are getting involved in the 'Cut your Carbon' challenge.

Throughout November pupils and staff members are challenged to cut their carbon footprint by completing six simple actions with friends and family.

Actions raise awareness, change behaviours and help to reduce your emissions. All of which help to protect our protect.



Last **year's** results



Overall Combined Carbon Savings of 61 participants =

321.88 kgCO_2e

Last year we had 75 people take part and through their actions we managed to save 321.88 kg CO2. This is equivalent to:

- Driving an average petrol car about 800 miles less
- Growing about 5 trees for 10 years which would take in a similar amount of carbon.

This is incredible!! We are wanting to beat this figure this year.

Challenge 1:

Make 3 evening meals plant-based across the month



Challenge 2:

Make 3 journeys active across the month



Challenge 3:

Meal plan to reduce food waste for one week



Challenge 4:

Lower your washing machine temperature to 30°C for three washes across the month



Challenge 5:

Have a device-free day



Challenge 6:

Turn down the heating by 1° for a week



Next steps:

We encourage as many of you to take part in this challenge even if it is just changing one small thing – small actions can make big differences!

How to take part?

- On ClassCharts you will be sent a Microsoft form questionnaire to fill in at the end of the November where you can enter which challenge/s you managed to complete across the month
- **Every entry receives a house participation point** and the top 5 students will receive a certificate
- **This is a house competition!** Let's see which house can cut their carbon the most through their actions.
- If you have any questions please speak to Mrs Husher, Mrs Probyn or any members of the Eco-club
- Feel empowered to make a difference and help protect our planet.



Hockey Success



The girls hockey season has been hugely successful so far this autumn term. With teams from U13-U18 attending their county hockey tournaments.

Miss Johnstone took the U16 girls to Cheltenham College on Wednesday 30 September and they had a great day winning and qualifying for the West finals in November.



Mrs Prosser took the U14 girls to their county hockey tournament on Wednesday 7 October and they played some great hockey, improving with each match. They achieved a very respectable fourth place.



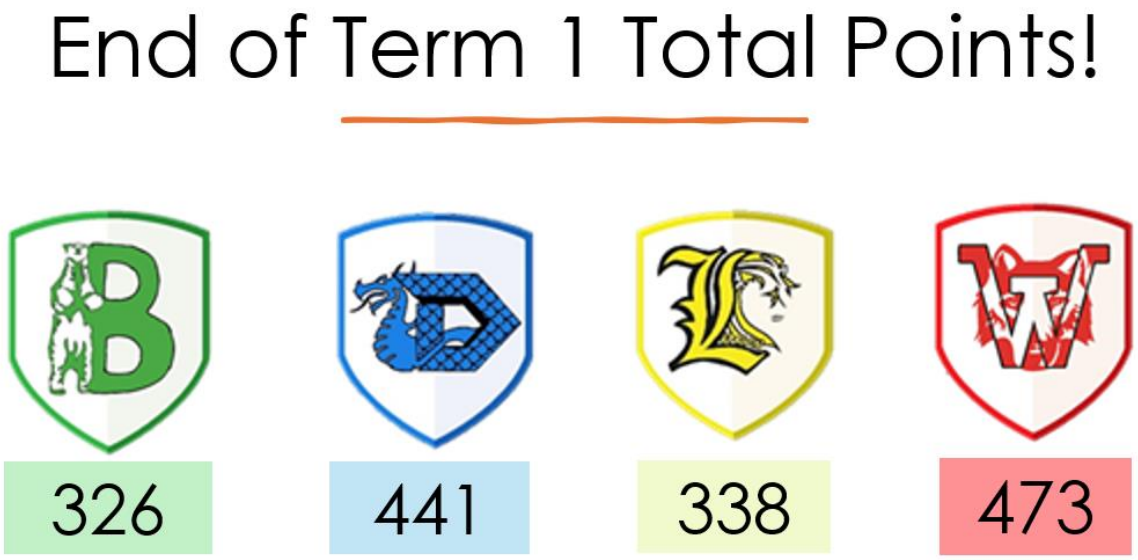
On Friday 2 November I took the U13 girls to Dean Close in the morning, they progressed throughout the tournament achieving a sixth place. The finale of the day was on Friday afternoon with the U18 girls who won all their matches against The Kings School, Balcarras and Pates convincingly. They will go to their West finals at Millfield in November.

We wish both the U16 and U18 hockey teams all the best luck in Millfield next month.

L Wills, Head of Girls PE

Houses Update

With wins for years 8,9,10 and 11 in the first house quiz of the year, Wellicome have ended Term 1 top of the house leaderboard!



We have had an excellent turn out of year 7 and year 8 students at the new House of Games lunchtime club and some hugely creative comic strips from all year groups which will be put into a display book in the library for all students to read and appreciate.

Throughout November, there are lots of House competitions for students from all years to take part in; Nature as Art, Warhammer, Eco Cut Your Carbon, and KLB Christmas No.1 to name a few. I look forward to seeing all the submissions and seeing who will come out on top at Christmas!

K Wyndow

KLB Friends

Wow what a busy term!

KLB Friends have been busy fundraising for school and your children. We have catered at every event offered and bacon butties have been flying off the BBQ!

80:20

Don't forget if you enter the 80:20 draw by the end of this week, you will be entered into the draw for a £25 M&S voucher. If you are already an existing participant, please keep an eye out on our KLB Friends website for winners. 80:20 Club — KLB Friends

Wotton and District Roundtable Fireworks Event Saturday 7 November

https://wotton-firework-display.co.uk/go/klb

Please use the link above to get your tickets to the best fireworks event in the Southwest. Every ticket bought through this link can help us get to the top of the leader board and ensure we receive a donation from the tickets sold.

Parents' Evenings

It was lovely to meet so many new and old parents at the information evenings. We will be selling refreshments at all the upcoming parent/teacher evenings. A reminder that KLB Friends are a volunteer group of parents and relatives, who donate their time, to provide refreshments at events for parents and students, so please support them. We don't charge high prices for a cup of tea or a bar of chocolate, and all profits go to help enrich your child's experience at KLB School.

Christmas- get Easyfundraising and Match Funding

https://www.easyfundraising.org.uk/causes/klbfriends

With Christmas only around the corner please consider downloading the app or save in your browser and raise funds for school by shopping- it's that easy. Every time you purchase items, we are donated a percentage of the cost of the item.

Do you work for a company that could match funds raised by KLB Friends? Here are just a few of the companies that offer this great way to increase monies donated to us:
Aviva, Asda, Banks, Boots, British Gas, BT, Co-op, DHL, Ernst Young, First Bus, GE, GSK, M&S, Microsoft, Natwest, O2, Pfzier, PWC, Protor & Gamble, Rolls Royce, Shell, Sky, Smithkline and Beecham, Tesco, Unilever, Vodafone.

Volunteer Sign up

Look out on our Facebook page and website for upcoming events that require volunteers help. We have a packed fundraising calendar ahead and we will need all hands-on deck. Volunteering for just one event is enough, if we all share the workload, rather than relying on just a small group of individuals.

November

Saturday 7	Year 7 Rugby Tournament https://volunteersignup.org/BJ7EF
	Wotton Fireworks https://volunteersignup.org/X99PD
Thursday 12	Year 13 Parents Evening https://volunteersignup.org/AREK9
Sunday 15	XC Event https://volunteersignup.org/8ARJB

December

Saturday 5	Christmas Under The Edge
Sunday 6	XC Event https://volunteersignup.org/HW7CM
Tuesday 8	Year 12 Parents Evening https://volunteersignup.org/YTW4T
Tuesday 15	Carol Service
Wednesday 16	Year 7 Disco https://volunteersignup.org/WBP9H

Thank you all again for your continued support and we look forward to seeing you at an event very soon.

KLB Friends
07966417067

What's on in November?

The Keepers is a community hub supporting the residents of Wotton and surrounding areas. It is here for everyone. Either come along to one of the organised groups below, or just pop in for a chat and a cuppa - whenever we are open. Come as you are, bring what you can and take what you need.

Monday

Citizens Advice - to book an appointment call 0808 800 0510/0511 or just drop in. 9th and 23rd November 10am - 2pm

Age UK - a social group for those who are 50+. 11am - 12:30pm

Digital Drop-in - any help on anything digital. 2nd and 16th November 11:30am - 1:30pm

Keepers Kidz - board games, craft and toast available. Children to come with an accompanying adult. Also runs through the holidays. 3:15pm - 4:30pm

Chair Yoga - join in with some gentle, supportive yoga. Open to all. No booking is needed. Pay As You Feel. Followed by refreshments (optional). 1:30pm - 2:30pm

Connect to Work - This session offers tailored 1:1 employment support for those facing specific barriers or long-term unemployment, however, anyone seeking career guidance is welcome as we can also refer you to the broader Employment and Skills Hub. 9th and 23rd November 1:45pm-3:45pm.

NHS social prescriber's Drop In - help to connect and grow in confidence. Just come in, no appointment needed. 10th and 24th November 2:15-3:45pm

Tuesday

The Keepers' Garden - the garden is open - come along to plant, dig, weed, sit or just chat with our gardener. Refreshments provided. *10am - 12pm*

Sing 2 Remember - sing together, share memories and make friends. Come and join this supported, dementia-friendly singing session. Just turn up. 10th and 24th November. *10:45am - 11:45am*

Tuesday Lunches - come and join us for a meal and chat. Open to all and Pay As You Feel (PAYF). Spaces are limited, so to book a place please call 07585 466418 or pop in to find out what's on the menu! 12:30pm - 2pm

The Keepers' Car Club is also running on Tuesdays to provide transport from your home to the hot lunches. Places are limited. To book, please call **07585 466418** or pop in.

OPENING TIMES

Monday, Tuesday and Thursday:
9.00am - 4.00pm

Wednesday and Friday:
9.00am - 1.00pm

CLOSED on BANK HOLIDAYS

For more details please go to our website:
www.thekeepers.org.uk
Call: 07585 466418 or Email:
thekeeperscommunityhub@gmail.com
or pop in

Wednesday

Drop In Café - all welcome on a Pay As You Feel basis. 10am - 12pm

The Keepers' Car Club is also running on Wednesdays to provide transport from your home to The Keepers. Places are limited. To book please call **07585 466418** or pop in.

PJ Drop In - help with a range of issues e.g. housing, debt and benefit support. No booking needed. Weekly 10am - 1pm

Health Visitor Drop In - bring your baby in to get advice from a Health Visitor 4th November 10am-12pm

Men's Shed - talk about the projects they're working on and discuss yours. 11th November 10am - 12pm

Stroud Foodbank - offering emergency food and essentials along with support and advice. 10am - 11:30am

Stroud District Council Housing Officer Drop In - pop in and talk to Becky. Monthly on the last Wednesday of the month. 25th November 10:30am-11:30am

Wotton Area Neurodivergent Support group (WANDS) - a group run by, and for, neurodiverse adults and parents/carers of neurodiverse children. 25th November 7pm-9pm

Gloucestershire Real Nappy Project will be visiting, a great chance to find out about washable nappies. 4th November 9:15am-10:30am

Thursday

Lloyds Bank - drop in for basic transactions. No cash services are available. 9:30am - 3pm

Rethink Welcome Group - a drop-in mental health group. Every Thursday. 1pm - 3pm

Spanish For Beginners/The Terrified - informal Spanish conversation group. Just drop in. 7pm - 8:30pm

Age UK Help Session - drop in for assistance for those who are 50+. 26th November 9am-11am.

Strength and Balance - a fitness class specifically targeting the strength and stability required for fall prevention in older visitors. Thursdays 11:30am-12:30pm.

Charlies Community Cancer Support - holistic support for those diagnosed with Cancer 5th November 9am-1pm.

Wotton Area Breast Cancer Support Group - anyone touched by breast cancer is invited to drop in and meet others who know just how it feels. 19th November 10am - 11am

Needlecraft Café - Our new weekly Thursday Café. Bring your sewing machine, knitting needles, anything needlework or just come along for a chat with some friendly people. Weekly on Thursdays 1:30pm-3:30pm

NEW/CALENDAR EVENTS

Menopause Support Group - a peer support group for those affected by menopause. 2nd November 7pm - 8:30pm

PCSO Drop in - a chance to ask your questions or share concerns. 10th November 2:30pm-3:30pm, 26th November 1:30-2:30pm.

Community Autism Support and Advice - book a one hour advice and support session for autistic adults, and friends and family of autistic adults. 26th November 11:30am-3:30pm
To book go to: cal.com/casarise or email them at infocasa@grcc.org.uk

Wellbeing Art - Join a creative group with guided art sessions. 4 week course starting 4th November 12:30pm-14:30pm

Falls Talk - Informational session for visitors at risk of falls or with family/friends at risk of falls. 4th November 2pm-4pm

Chronic Pain & Fatigue Support Group - This group offers a gentle, understanding space where you can simply be yourself. Monthly on Thursdays. 5th November 1:15pm-2:25pm.

Alzheimer's Society Drop in - A support worker from the Alzheimer's Society will be dropping into the Sing 2 Remember session on 10th November

Friday

The Keepers Tots - a session for babies, toddlers and their responsible adult. *9:15am - 10:30am*

The Keepers' Garden - the garden is open. Come along to plant, dig, weed, sit or chat with our gardener. Refreshments provided. *10am - 12pm*

The Friday Table - Join us for a seasonal lunch, all welcome on a Pay as You Feel basis. 12:00pm-12:30pm

Fundraising Events

14th November - The Keepers Quiz - gather your teams of 6 and book your tickets: www.thekeepers.org.uk/quiz

It's important to us that everyone is included, the Hub is accessible to all and we work in collaboration with other local organisations.
www.thekeepers.org.uk Reg Charity No. 1192121