

One of this month's highlights was the Summer Proms Concert at which close to 100 students performed an impressive mix of traditional and contemporary, vocal and instrumental pieces. The audience was delighted to recognise the contribution made by the year 13 students, who have supported the department over the past seven years, but now leave to start their next adventure. There is an air of excitement around school this week, as the auditions take place for the much-anticipated musical of 2024. West Side Story is a great choice for our final production in the drama hall, before we move to the new building next summer.



Year groups working together has been a feature of school activities throughout June. Our successful primary science fair, described in the next few pages, will become an annual feature at KLB. The event provided a rewarding and enjoyable experience both for the 450 year 6 pupils who attended and for the year 12 students who organised a truly impressive day. Gloucestershire Constabulary spent several days with us this month, launching and delivering their Boost Leadership Programme with year 8 and year 12 students. The weather held out and all involved were given opportunities to work together and demonstrate many KLB values including resilience and respect.

It has been a busy month for trips and visits. Our Poetry by Heart competitors were inspired by their trip to The Globe Theatre. What a perfect backdrop to a day spent listening to poetry! Year 10 students completed the return visit to Bois le Roi, excited to meet their exchange partners again, experience education in a French school, explore the local area and practise their French. Not many schools have the opportunity to showcase A level films at a local cinema. Once again the Electric Picture House in Wotton screened the films produced by our film studies students at an evening enjoyed by all.



The culmination of this year's work around our whole school priority focused on diversity is the KLB Carnival. A team of students from all year groups is involved in planning this event, which will take place in school on the penultimate day of the school year. We anticipate this will become an annual event, possibly moving to a Saturday and becoming a local community event. Watch this space!

Our Ofsted report will be published on the Ofsted website on Friday. Please look out for my letter to parents tomorrow which will include the link to the report published on our school website.

Hannah Khan
Headteacher

Art Department News

A Level Exhibition



The A Level Art Show is taking place in the drama hall from Monday 3 July for one week. The exhibition showcases work from year 13 fine art, graphic art and photography students. The department is enthusiastic to share this year's students' successes and final artistic outcomes.

This inspiring collection of artwork includes everything from oil paintings, mixed media, printmaking to websites, moving image, photographic prints and much more. Themes explored include nostalgia, brand identity, the landscape, gender, narrative, mystery, documentary and the impacts of social media. Our students will be celebrating and enjoying a private view with their friends and family.

Students from other year groups will be able to visit the exhibition at break or lunch and classes may be lucky enough to be taken around by their art teacher during part of a lesson. It is a rich learning experience for the younger students and it is always fascinating to hear how they interpret the sixth formers' artwork and discuss it with their peers and teachers.

Years 7 and 8 Pantone Card House Challenge

Congratulations to the winners of the Art House competition for year 7 and year 8 students. All students across the two year groups took part in the Pantone Challenge. They each had a Pantone Card on which to produce a piece of artwork and had artistic freedom to show us what they can achieve as they respond to the colour of the card. The diverse choice of subject matter, ideas and materials used is always impressive to see.

The art department is delighted to announce the following winners; Poppy McCarthy in year 7 and Oscar Williams in year 8. Congratulations also to Lucy Clarke in year 7 and Lily Gregory in year 8 who are the runners up.

We are pleased to have been able to display all the entries in the drama hall during June. The variety of creativity and techniques is wonderful for students and staff to view.



C Hall, Art Teacher

Summer Proms Concert



The music department held its annual summer concert on 22 June, and what an evening it turned out to be! After months of hard work and meticulous rehearsals, the jazz band, orchestra, choir, chamber choir, samba band, ukulele group and string orchestra performed new repertoire. Pieces featured on the programme included Holst's *St Paul's Suite* and *Jupiter* from *The Planets*, *Take On Me* by A-Ha, *One Day More* from Les Mis, Dear Evan Hansen's *You Will Be Found*, and *Uptown Funk*. Larger ensemble performances were accompanied by jaw-dropping solos from students across the age range.



The Drama Hall was brimming with proud parents - a wonderful evening celebrating the talent at KLB. The number of students taking up instrumental lessons and participating in extra-curricular clubs took a nosedive following the pandemic, a problem shared by many schools. We are therefore especially delighted that last week's concert saw all ensembles back to full strength. We look forward to what 2024 has in store for KLB's musicians!

D Dudbridge, Head of Performing Arts

KLB School Primary Science Network Science Fair 2023

In collaboration with our Primary Science network, we launched our Enthuse Partnership with our feeder primary schools at this year's science fair. The aims are to raise the profile of Science, Technology and Engineering amongst pupils in years 6 and 7, to help develop essential STEM skills and to enhance transition from primary to secondary education. The Partnership is funded by STEM Learning, the largest provider of STEM education and careers support to groups working with young people across the UK.

The science fair was organised by our Year 12 science outreach team. The event was the culmination of the first year of our primary outreach programme: Since September, year 12 students have visited local primary schools each week to deliver high quality STEM activities, which they have planned and resourced themselves.

Almost 450 primary pupils from across 11 local schools joined us and carried out a rotation of fun experiments under the guidance of the sixth form students. They designed, built and launched rockets; made and used spectrosopes; investigated material properties by making leaf boats, writing secret messages (using lemons) and examining bubbles; studied some principles of physics by looking at water drops on coins, using air blasters and smoke machines, and a hairdryer and ping pong balls.



In addition, KLB students put on two shows: the Big Bang show, which used science to make some spectacular noises, and the Pressure show with interactive activities including a demonstration of the full force of the Earth's atmosphere in the 'feeling pressurised' bin bag.

Due to the outstanding planning, preparation, dedication and enthusiasm of the sixth form team, the day was a huge success. The buzz around the school with almost 450 enthusiastic young scientists was palpable. Our thanks too to the Institution of Mechanical Engineers for their donation of materials to make the spectrosopes, and Dr Judith Vorley, STEM ambassador, who supported the day. Finally, thank you to the primary students who have engaged with the programme this year with such

interest and enthusiasm and for coming along with their teachers on the day to pack a pringle!

One of the primary school teachers commented, *To go somewhere to have a hands-on experience led by students was truly wonderful and we can't thank them enough. My abiding memory was the younger children's faces that showed awe and wonder when there were big bangs and something remarkable happened. To send a Pringle through the post and see it at the other end was so rewarding. One child said 'We did it, it didn't break!'.*

In the words of one Year 12 student: *Through our outreach work, we had been building up to this event all year. One of the main challenges was getting all the experiments ready on time and organising so many children but everyone pulled their weight so we managed. Our main aim was to inspire the youngsters into the world of science and to show them how exciting it can be. I think we smashed it! I loved being with a terrific team working together to make the children's day. They all left so happy and had a fantastic time.*

J Goode, KS3 Science Coordinator

Year 12 Students Deliver Gloucestershire Constabulary's Boost Programme

The Boost Programme, developed by Gloucestershire Constabulary, encourages young people to make positive life choices, and to build the confidence and resilience they will need to thrive and realise their potential.

KLB sixth form students had their Boost training earlier in the year and recently put their training into practice when they supported the full cohort of Year 8 students through the course. The programme uses a series of activities designed for young people to recognise when their emotions are getting out of control and introduces them to techniques to help regulate their emotions.



The activity sessions started with ice-breaking activities – setting up camp and playing primary school games, such as bulldog and catch, to help the students to bond in their groups. Other activities included shaking up a bottle of fizzy pop and then taking the top off to watch it explode to illustrate the build-up of emotions prior to snapping. The students also played out the releasing of tension by punching a hole through newspapers and, in their teams, tried to lower a stick to the ground using only their fingertips to show how important it is to communicate our thoughts with others.

The final activity involved the students writing a time capsule postcard to themselves to open a year into the future. What do they want to achieve in the next 12 months and how will they go about doing this? Many of the students may be interested to open their postcard in a year's time to discover whether they reached or changed their goals and to reflect on how they overcame any obstacles they may have met along the way. We hope they will have put into practice many of their Boost skill.

A few Year 8 students have written up their experiences from the day:

The Boost course was designed to help children to boost their confidence and mental health. We learned through a series of fun activities that were led by helpful sixth formers. We were split into random groups so it was interesting spending time with people we didn't usually talk to. Overall, it was fun and I hope the next year group will have as much fun if they get the chance to do the course.

We split into groups and each had three or four sixth formers leading us. We came up with team names including Boostasaurus Rex, Puss in Boost, Boost Bars, B.O.O.S.T (Big Orange Octopus Stealing Tents). The programme made us more alert about our feelings. For one activity, we assembled torches. Everyone in the group said something about their feelings and, if anyone else agreed, they would put their own torch on to show that we are not alone.



For the year 12 students, leading the sessions was a steep learning curve but most came away feeling that they had developed a range of skills including teamwork, resilience, communication and leadership, as can be seen from their comments below:

We had to work as a team to gain and keep the attention of the younger students. We were in charge so we needed to be good role models, explain the tasks clearly and remain proactive.

We wanted to have the Year 8s make the most out of it and learn things from each other so, when one of the children said he de-stresses through dance, we let him teach everyone how to pirouette.

I really enjoyed leading a group of year 8 children. It was amazing to see them inspired and engaging with the activities, we were running for them.

RE Year 7 to St Mary's Kingswood

Many thanks to Rosie and Bob at St Mary's Church, Kingswood, who once again this year extended a warm welcome and provided an informative talk for Year 7 students.

Students explored aspects of the Church, asked questions and enjoyed the lovely sunshine on our annual trip in RE, last week. They had prepared some great questions such as:

How does the Church support the community?

What makes this church a sacred place?

What will the future hold for the church building?

They also enjoyed dressing in the choir robes, pulling the bell and exploring the memorial garden.

St Mary's will be enjoying her 300th anniversary this year. We wish the community all the very best with their celebrations, and look forward to visiting again next year.



Tom Wharin's Visit to Year 8 Lessons

The RE department would like to thank Tom, our local Baptist Minister for coming into school to speak with our Year 8 classes. The visit covered Christian belief in the afterlife, funerals and a question and answer session.

Students had prepared many interesting questions beforehand, and asked some deep and challenging questions on the day including:

Do animals go to heaven when they die?

What is the soul?

Will non-Christians go to heaven?

Many thanks to Tom for his continued support with our Key Stage three cohort, and we look forward to your next visit!

A Jones, Head of RE





Library News

Carnegie Winner



yoto
CARNEGIE
GREENAWAY
AWARDS

At KLB, we have been shadowing the Carnegie Greenaway Book Award. After reading the choices, we have chosen Medusa by Jess Burton as our KLB winner.



The Yoto Carnegie Medal jury announced their winners on 21 June and The Blue Book of Nebo by Manon Steffan Ros won the Medal for Writing. This dystopian novel follows Dylan who was six when The End came, back in 2018 and the 'normal' 21st century world he knew disappeared. Now he is 14 and he and his mam have survived by learning new skills, and returning to old ways of living. Despite their close understanding, the relationship between mother and son changes subtly as Dylan must take on adult responsibilities. And

they each have their own secrets, which emerge as, in turn, they jot down their thoughts and memories in a found notebook - the Blue Book of Nebo. If you would like to read it and see if you agree with the judges, we have copies available in the library to borrow.

Wellness Collection in e-Platform

We have a subscription to ePlatform, an eBook platform where you can find hundreds of books you can read for free. This includes the Wellness Collection, which has over 500 titles including both fiction and self-help books.

You will either need to download the ePlatform app on your smart device or use a PC and go to <https://www.eplatform.co/gb/>. Click on Find Libraries in the top right corner, then type our school name and log-in using your full school email address with the password 'library'. You can then browse and borrow books.

Overdue Library Books

As we approach the end of the academic year, please make sure you return all the school library books you currently have on loan. If you have any problems returning your books, please come and see us in the library.

Esra Koroglu-Ward, Librarian

Year 7 Fun Run



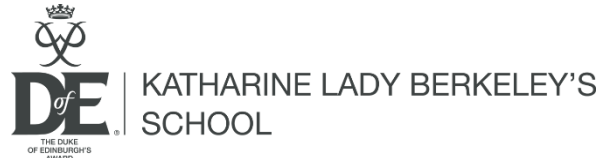
A massive well done and thank you to all of Year 7 who came out to support Chapter 2 by participating in a fun run. Students showed up in some amazing costumes and did laps of the running track by jogging, walking and three-legging as many times as they could during period 5 on 15 June.



Because of their enthusiasm and their efforts to gather sponsorship, they were able to raise an amazing £468, which will help Chapter 2 in providing mentorship for fatherless boys.

J Blake, Fun Run Organiser

Gold DofE Walking Assessed Expedition



Leaving from Hay on Wye, a town famous for bookshops, our group created their own story filled with determination, friendship and happiness. Everyone would agree that on a scale of one to ten, the DofE expedition was amazing. Very steep hills, stunning views and mixed terrain led to four tough but rewarding days of walking.

Each night, the group stayed in an idyllic campsite which, however lacking in sanitation, made up for it with beautiful scenery, a church or an ancient priory or abbey to discover. The evenings were filled with unique and hilarious games of cricket and catch, birdwatching, damming the river or relaxing.

Breakfasts and dinner were cooked every day on stoves and the meals varied from delicious to somewhat gross. Groups would eat lunch whilst out on the walk sometimes meeting up together such as when everyone stopped together on the tip of Lord Hereford's Knob on the first day of hiking which was a much-loved moment for everyone.

The walkers carried all of their food and kit weighing around 15kg a total of 45 miles and climbed 2100 meters overall. The expedition was planned and assessed by the fantastic Ocean Rock staff: Kaf, Simon and Rachel.

Luckily, the weather was perfect for the entire week with clear, sunny days and cooler nights. Well-deserved after hail and rain dominated the practice expedition in Dartmoor.



Despite having a great time, everyone was happy to go home on Friday for a wash and a comfy bed, and a flushing toilet.

Woody Huntley, Year 12 DofE Participant



Well done to all walkers and canoeists who successfully completed their Gold assessed expedition. The Ocean Rock staff thoroughly enjoyed working with you all:

The groups were lovely, as we would expect from KLB. We had members of the public approach us to comment on and praise the young people on their conduct, which was amazing to hear. We felt very proud that they have now achieved their gold expedition. Although we say this often, we really mean it - KLB should be very proud of their young people as they are courteous, mature and good fun.



We hope you have made memories that will last a lifetime, and built a whole host of transferable skills that will stand you in good stead in the future.

Helen Isaacs, DofE Coordinator

English Department News

At seven am on Monday 26 June, our Poetry by Heart school and county winners boarded the large school mini-bus for a day out in London. Our destination: The Globe Theatre. Our Purpose: to listen to poetry.



Nine students, from year seven to twelve, accompanied by Mr Ford and me followed the river Thames to Lambeth Bridge, delighting at the sights. The day that followed, was one of laughter and contemplation as we watched the national finalists perform. Published poets and past poet laureates rubbed elbows with schoolchildren of all ages. There was singing, dancing, puppetry and most of all, the joy of poetry. Our students were a credit to themselves and the school. I was proud to be there with them.

As we made our return journey back to the shire, our thoughts were of Poetry By Heart 2024...



'Attended by young people from all corners of the country, the Grand Finale of Poetry By Heart, the national poetry speaking competition for schools, took place at Shakespeare's Globe Theatre on Monday 26 June 2023. It was a day in which 'poetry wasn't just lifted off the page, it was blasted off', says co-founder Dr Julie Blake.'

Film Festival 2023

The Venue: Wotton Electric Cinema has supported the A level film department for two decades, and for this, we thank them.



The Judges: Gareth Negus (Wotton Cinema), E Thomas (Deputy Head KLB) and N Gullivan (Teacher of English and Film)



The Students: Year 12 and the outgoing year 13.



The Teachers: J Daniel and K McAllister

The Winner:
Cerys Forsdyke for
her film: *Hidden*



Proud to be The Film Department

Thirty-fourth Anniversary of the KLB French Exchange with Collège Denecourt

After the recent break in school exchanges, it was wonderful to have 94 year 9 and 10 French and English students participating enthusiastically in our 34th French exchange with Le Collège Denecourt in Bois le Roi. The success of the exchange is a tribute to the entente cordiale nurtured over the years by so many current and former students, parents and teachers of our two schools. We are very proud of our exchanges.



This month, KLB students made the return trip to Bois Le Roi, a small town nestled between the River Seine and the Forest of Fontainebleau, to the south of Paris. Travelling by Eurostar was an exciting 'first' for us. On arrival, any apprehension the KLB students might have felt, was dispelled by the friendly faces which greeted us.

On Wednesday, after a delicious French breakfast in the brand new canteen and a tour of the recently beautifully renovated school, the French and English students together enjoyed interesting lessons kindly organised by the teachers from Collège Denecourt.

In pairs or teams of English and French, they collaborated for a few hours on bilingual history games and computer quizzes, had fun saying tongue twisters in both languages, followed instructions in

French to make bracelets and participated in sports lessons.

On Thursday, we experienced a visit into Paris by train and metro. We appreciated the clear skies and sunny weather as we took a ride on a bateau-mouche on the River Seine to the Eiffel Tower, identifying well-known Parisian landmarks en route. After a short souvenir-shopping time, we enjoyed a walk to the Louvre and time to appreciate the glass pyramids. In the afternoon, we took in interesting views of the Champs-Élysées from the top of the Arc de Triomphe. Later, we showed respect to the memorial of the unknown soldier beneath the Arc de Triomphe. A visit to La Défense provided a sharp contrast to the historical buildings in the style of its ultra-modern architecture.

A short bus ride from the school lies the attractive town of Fontainebleau where, on Friday, we enjoyed a visit to the busy market. It was lovely to see our students gaining confidence in their spoken French and sampling local products at the market. Afterwards, the gardens, with the stunning backdrop of the Chateau, provided a beautiful spot for a picnic and some relaxation before a fascinating tour of the magnificent Chateau provided a wonderful lesson in history.



We set off home on Saturday, our students having established firm friendships and an invaluable immersion in another culture.

Our thanks to everyone involved in the exchange on both sides of the channel, whether organising, hosting or accompanying the students. We could not run the exchange without your contribution.

E Caldwell, French Teacher



Chinese Department Primary School Outreach



As a Confucius Classroom, affiliated to UCL Confucius Institute, KLB's Chinese department is in the enviable position of having the support of a volunteer Chinese teaching assistant. For the past year and a half Miss Mengyang Liu has been working with students, alongside the staff, delivering one-to-one and small group support in Mandarin conversation and character writing to all students of Chinese at KLB. She has also been integral in creating Chinese language and culture resources for the department.

In Term 5, Kingswood Primary School invited Miss Liu to run a weekly after school Chinese club. With the help of Charlotte Turvey (Year 8), she has been teaching Chinese songs, language and craft to an enthusiastic group of pupils.

This term, Miss Liu has visited a number of schools in the local area, delivering sessions about the Chinese language, Qing Ming porcelain design, calligraphy, paper cutting, singing and the Chinese zodiac. Pupils from years 1 to 6 have embraced this learning experience and we are grateful to Miss Liu for devoting her energy and expertise to sharing some aspects of China with the younger children.

Miss Liu has visited Alexander Hosea Primary, Kingswood Primary, Charfield Primary, the British School and the Acorn School in Nailsworth. Later this term she will spend a day at each of Blue Coat School in Wotton and Thrupp School in Stroud.

Some comments from pupils she has taught:

It was a really good morning and I learnt a lot. There were lots of fun activities.

It was really exciting to learn a new language. I would like to know more about Chinese culture and Chinese day-to-day life.

M Tate, Head of Chinese

Year 12 Geography Fieldtrips

On a sunny June day, year 12 geography students undertook the second day of their fieldwork in order to complete their independent investigations.

One group went to Porthcawl in South Wales to collect data on coastal erosion and defences; a second group went to Gloucester docks to collect data on the local regeneration.

The geographers will now pull together the data gathered during their two fieldwork days to analyse, write up and present their findings.

K Probyn, Head of Geography

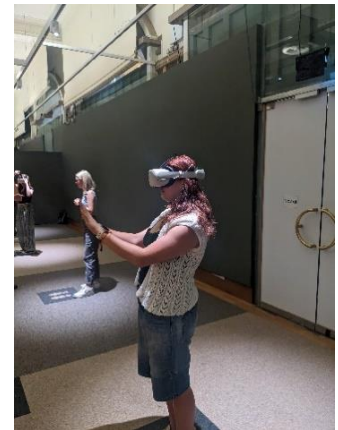


French A Level Trip - Virtual Reality Tour of Lascaux Caves

Eleven students from Year 12 and Year 11 stepped back 21,000 years in time to look at the incredible stone age cave art of Lascaux with the help of a Virtual Reality headset. The original caves in South-West France were closed to the public in 1963 and a full-size replica has been made for visitors nearby. This new interactive event meant we only had to travel to Bristol Museum and Art Gallery.

The students saw hundreds of paintings and engravings of animals such as horses, bison, bulls, ibex and even a rhinoceros! They also painted animals with their fingers and blew paint on to the walls to understand how and why the Cro-Magnons created these images.

The exhibition also featured displays on life at the time including replicas of objects found on the cave floor and life size sculptures of a Cro-Magnon family.



S Popham, Teacher of French



Horticulture News



Year 7 horticulture students have planted parsley, coriander and butternut squash seeds. They also took some pumpkin seeds to take home to grow. Once large enough, they will plant these in the new Pumpkin patch planned for the allotment.

The students also took part in planting purple bearded iris. These are unique in the way that they have rhizomes that need to be planted above ground as they need exposure to sunlight.

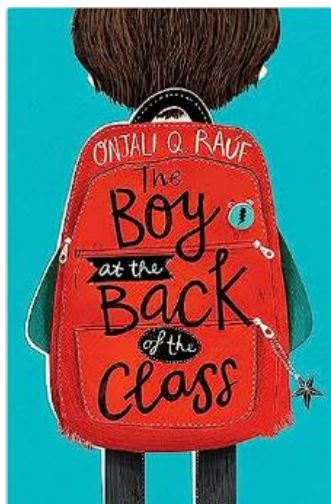
Thank you to Jan, our art technician, who donated the plants. They were propagated by the students last year from a cluster she brought in.

Emma Taylor-Roach,
Horticulture Teacher



June diversity books

Each month we are sharing two books recommended by students during our recent diversity book project in RE.



***The Boy at the Back of the Class* by Onjali Q. Rauf**

This novel offers a child's perspective on the refugee crisis, highlighting the importance of friendship and kindness in a world that doesn't always make sense.

There used to be an empty chair at the back of my class, but now a new boy called Ahmet is sitting in it. He's eight years old (just like me), but he's very strange. He never talks and never smiles and doesn't like sweets - not even lemon sherbets, which are my favourite!

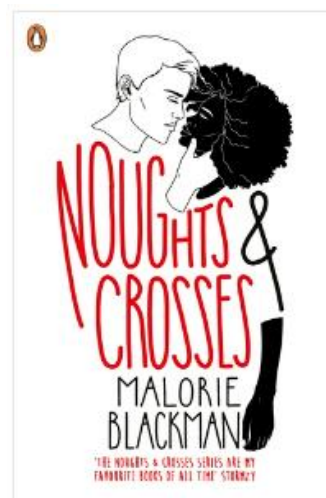
But the truth is, Ahmet really isn't very strange at all. He's a refugee who's run away from a War. A real one. With bombs and fires and bullies that hurt people. And the more I find out about him, the more I want to be his friend.

Noughts and crosses by Malorie Blackman

Sephy is a Cross - a member of the dark-skinned ruling class. Callum is a Nought - a colourless member of the underclass who were once slaves to the Crosses. The two have been friends since early childhood, but that's as far as it can go. In their world, Noughts and Crosses simply do not mix.

Against a background of prejudice and distrust, intensely highlighted by violent terrorist activity, a romance builds between Sephy and Callum - a romance that is to lead both of them into terrible danger. Can they possibly find a way to be together?

K Williams
RE teacher



South West Chef of the Year Competition

The regional round of the competition, held at Cheltenham College, was a superb event. Catherine Sheppard and Heidi Green created fabulous dishes and the standard of their food was incredible.

The judges were Richard Davies, Executive Chef at Calcot Manor, Dean Westcar, Development Chef at Thornbury Castle and Scott Morgan, Chef Lecturer at Gloucestershire College. They were impressed with the overall quality of all the dishes created on the day, making it a difficult to decide an overall first place, but we are delighted to announce that Catherine Sheppard has won the regional event and will be competing in the South West final in Exeter in October. She has also gained the opportunity to work with one of the judges in his kitchen to refine and develop her dish and adjust its seasonality.

E Seton-Mead, Food and Nutrition Teacher



Year 11 and Year 13 Leavers - Donating PE Kit back to the PE department

With the end of the academic journey in sight, we wanted to make you aware of an opportunity to give back to the school community and help younger students. If you happen to have any PE kit that you no longer need or would make use of, we would be immensely grateful if you would consider donating it to our PE department.

Your generous donations will serve as spare kit or will be offered to students facing financial difficulties, enabling them to participate fully in PE and extracurricular activities. We welcome donations of any condition, which can be dropped off in the designated donation box located at the reception area.

R Meredith, PE Teacher

School Uniform Update



Monkhouse, the school uniform supplier, has confirmed that their 1:1 store appointments at their branch in Stoke Gifford are now in full swing.

They recommend that parents of new starters book an appointment for their new uniform on the link below.

[View appointment page here.](#)

What's on in JULY?

The Keepers is a community hub supporting the residents of Wotton and surrounding areas. It is here for everyone. Either come along to one of the organised groups below, or just pop in for a chat and a cuppa - whenever we are open. Come as you are, bring what you can and take what you need.

Monday

- Parent Support Group** - a support group by parents for parents. 9:15am - 10:45am
- Citizens Advice** - to book an appointment for 10th or 24th July call 0800 800510/511 or just drop in. 10am - 2pm
- Age UK Gloucestershire** - a social group for those who are 50+. 11am - 12:30pm
- PCSO Drop in** - a chance to ask your questions or share concerns. 10th July. 11am - 12pm
- Chair Yoga** - join in with some gentle, supportive yoga. Open to all. No booking is needed. Pay As You Feel. Every Monday in July, apart from 3rd. 1:30pm - 2:30pm
- IT Course** - Tablets for beginners (Adult Education). This course is full. Please call us about future courses. 1:30pm - 3:30pm
- After School Drop in** - reading, games and toast available. Children to come with an accompanying adult. Also runs through the holidays. 3pm - 4pm

Thursday

- Wotton Area Breast Support Group** - anyone touched by breast cancer is invited to drop in and meet others who know just how it feels. The next meeting is on 20th July. 10am - 11am
- Art Shape** - a 6 week creative arts course based on maths. This course is full, if interested in another art course, call us on 07585 466418 or pop in. 9:30am - 11:30am
- Wotton Area Neurodivergent Support group (WANDS)** - a group run by, and for, ND adults and parents/carers of ND children including Autism, ADHD, PDA, Dyslexia etc. 13th July. 9:30am - 11:00am
- Independence Trust and NHS social prescribers' Drop In** - help to connect and grow in confidence. Just drop in, no appointment needed. 11am - 1pm
- Qigong** - meditation, breathing and gentle movement. No booking is needed. Pay As You Feel. 12pm - 1pm
- Welcome Space** - run by the Independence Trust and CALMHs - a space to talk and be listened to. Call 01453 767999 to book. 1:30pm - 3:30pm

OPENING TIMES

Monday, Tuesday and Thursday:
9.00am - 4.00pm

Wednesday and Friday:
9.00am - 1.00pm

Tuesday

- The Keepers' Garden** - the garden is open - come along to plant, dig, weed, sit or just chat with our gardener. Refreshments provided. 10am - 12pm
- The Carers' Café** - run by Frailty nurses from Culverhay and Chipping Surgeries. Coffee, chat and advice if needed. Just drop in. Carers can come by themselves or bring the person they care for. 4th and 18th July. 10:30am - 12:30pm
- Sing 2 Remember** - sing together, share memories and make friends. Come and join this supported, dementia-friendly singing session. Just turn up. 4th and 18th July. 11am - 12pm
- Tuesday Lunches** - come and join us for a warm meal, open to all and PAYF. Spaces are limited, so to book a space please call 07585 466418 or pop in to find out what's on the menu! 12:30pm - 1:30pm
- The Keepers' minibus service is also running on Tuesdays to provide transport from your home to the hot lunches. Places are limited so to book please call 07585 466418 or pop in to The Keepers.
- Health Checks (NHS)** - come along for a blood pressure, pulse check or signposting to local services. 4th and 25th July. 1:30 - 3:30pm
- Ukelele group** - open to beginners and those who already play. Come along and join in. 4th, 18th July. 2:15pm - 3:15pm

Friday

- The Keepers' Garden** - the garden is open - Come along to plant, dig, weed, sit or just chat with our gardener. Refreshments provided. 10am - 12pm
- Rhyme with Me** - a free session of songs, rhythm, rhymes and fun for 0 - 5 year olds and their accompanying adult. 7th and 21st July. 10:15am - 10:50am
- Drop In Café** - all welcome on a Pay As You Feel basis. This cafe is quieter than a Wednesday, the tables are spaced apart, board games available if wanted. 11:15am - 12:30pm.

We have meals in our community freezer - available to anyone, for any reason, on a 'Pay As You Feel' basis.

Pop In or check on <https://www.thekeepers.org.uk/> to find out what is available.

Wednesday

- Drop In Café** - all welcome on a Pay As You Feel basis. 10am - 12pm
- Craft and Chat** with tea and cake - held fortnightly on 5th and 19th July. 10am - 12pm
- P3 Drop In** - help with a range of issues e.g. housing, debt and benefit support. No booking needed. 10am - 12pm
- Job Club** - help with CVs and employment support. Drop in, no booking required. 10am - 12pm
- Health Visitor Drop in** - available to weigh babies and answer any questions. Next drop in is on 5th July. 10am - 12pm
- Other visitors to the cafe - **Real Nappy Project** 5th, **Men's Shed** 12th and **PCSO** 19th July.
- Stroud District Council Housing Officer** Drop in - pop in and talk to Rachel. 10:30am - 11:30am
- Wotton Area Neurodivergent Support group (WANDS)** - a group run by, and for, ND adults and parents/carers of ND children including Autism, ADHD, PDA, Dyslexia etc. The next meeting is on 26th July. 7pm - 9pm
- Talk Club** - a new talking and listening club for men to help keep mentally fit. 5th and 19th July. 7pm - 8:30pm

WE ARE TWO!

14th July - Open Garden

Come and look round the garden and have a piece of birthday cake. Drop in between 10:30am and 12:30pm.

15th July - Birthday Bash!

Fundraising quiz and silent disco at Kingswood Village Hall. Starts at 7:00pm. £20

Buy your tickets at The Keepers or call us on 07585 466418.



It's important to us that everyone is included, the Hub is accessible to all and we work in collaboration with other local organisations. www.thekeepers.org.uk Reg Charity No. 1192121

HAPPY'S CIRCUS

Even the kids will love it!



£10
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Under 3 Free

**A fun packed comedy show for all the family
supported by amazing International Circus Artists**
www.happyscircus.co.uk

Sunday 17th September 2023
Synwell Playing Field

Wotton-Under-Edge - Starts at 2pm

"Get there early for the BBQ from 12 noon"

www.pta-events.co.uk/synwellplayingfield



Scan the QR
for booking
details