

# Newsletter November 2023

As the Christmas holidays approach, we hope the stories in this newsletter highlight the KLB community as a hub of inspiration and growth.

Once again this year, in the spirit of reflection and unity, staff, students and trustees gathered for a special Remembrance Service, a poignant moment to honour those who sacrificed for our freedom. The community came together and, as one, fell silent to pay their respects as the Last Post was played and the Exhortation read. This year, the chamber choir performed a moving rendition of For the Fallen. I was proud to stand with Jack Blakey, Head Boy and Natasha Kerr, Head Girl, as they represented KLB at the service in Wotton under Edge.

We are grateful to the visitors and organisations who have supported the school this month. The Odd Balls Foundation presented to students in years 8 - 13, raising awareness of testicular cancer. Many students commented on how much they had learned in this very engaging presentation. Miss Gallivan, from our English department, shared the experience of her own personal battle with breast cancer, delivering helpful advice through her inspiring story.





For many years, the Cotswold Tyndale Rotary Club has offered so much support to students at KLB. This month, members of the Rotary Club helped to judge the school finals of three of their initiatives for young people - Youth Speaks, Young Photographer, and Young Artist. Audiences were impressed and inspired by the quality of the entries at these celebrations of creativity and collaboration. We are excited about the winners moving forward in the various competitions. We have recently launched our Rotary Shoebox

campaign across all tutor groups – our chance to give back to the club that works so hard to support charitable and community organisations locally and further afield.

I have been impressed by the year 11 students' engagement and focus since the launch of mock examination revision. Their willingness to work with the staff and take advice about how to best prepare has been seen in lessons, at afterschool revision sessions and at Success Lounge. We encourage the students to approach their assessments with focus and determination, and know that the efforts they make now will contribute to their growth and success in the summer exams.

Finally, we are proud to share the news of our recognition in The Times Parent Power 2024. KLB School has been named the fourth best comprehensive in the South West of England - a testament to the collective hard work and dedication of the entire school community.

Hannah Khan Headteacher



Pupils are seen and their ideas heard at the most impressive schools, where encouragement is key to success



#### **KLB Students Commemorate Past Heroes**



On Friday 10 November, the whole KLB School community gathered to remember those lost to conflict in the line of duty, with a solemn and moving ceremony. Jack Blakey, Head Boy, and Natasha Kerr, Head Girl, accompanied by two of the school's year 11 ambassadors (Natalya Gani and Mackenzie Robinson), walked with the school's wreath past the humanities block to the open area by the dragon where students and staff were gathered.

Bella Orchard, year 13, and Kezia Stuckey, year 11 read The Exhortation and Matthew Brooks in 13 played the Last Post. Across the school, two minutes silence was observed. Matthew then played The Reveille and Bella read The Epitaph.





The commemoration closed with the chamber choir singing a rendition of For the Fallen. The wreath was placed by the Wellicome board in the history building which names past KLB students who lost their lives in the two World Wars. On Sunday, representatives of KLB stood proudly with the wider community to honour the fallen of Wotton in the town's commemoration in St Mary's church and at the War Memorial.

#### Sixth Form Open Evening

We were delighted to welcome year 11 parents and students, as well as many visitors from other schools, to our Sixth Form Open Evening this month.

Current sixth form students were able to share their experiences of taking A levels at KLB; their enthusiasm for the subjects they were representing was infectious and their commitment to the school community a pleasure to see.

We hope that those of you who visited found the evening informative and will help your child make their decisions.





If you missed the evening, but would like to find out more, please visit the sixth form website at <u>https://klbschool.org.uk/sixth-form/</u> where you will find the slides from the presentation as well as the prospectus and application form.

J Campion, Head of Sixth Form

#### Sixth Form Fundraising for Macmillan

The inaugural fundraising event by this year's sixth form charity team took place on Wednesday 22 November. Students and staff enjoyed a range of treats baked by KLB sixth form students and teachers, including delicious cakes and hot drinks.



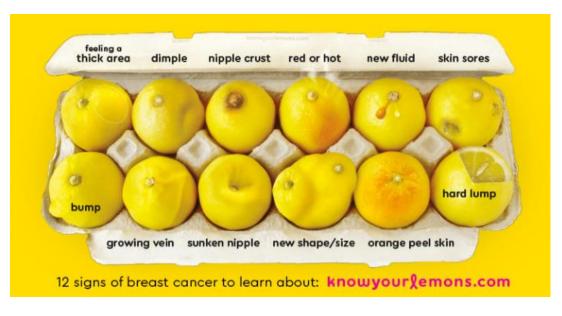


This event came on a day when the sixth form and other members of the school community engaged in sessions to raise cancer awareness. While the male sixth form students attended an Oddballs talk, Mrs Gallivan

The sale took place during break and period 3 and was a huge success - the charity team raised a total of £241! This generous sum will go towards MacMillan, supporting their mission to provide care for those battling cancer.



generously shared her own experience in a talk to year 12 and 13 female students about breast cancer. Full of helpful information and inspiring messages, the focus of her talk was a positive message about the importance of checking breasts to ensure early detection. She directed us to helpful resources and organisations to promote awareness including the excellent 'knowyourlemons.com', pictured below.



Joe Gani and Jane Campion

#### **Parent Workshops**

Parents of students in all year groups are welcome to attend our pastoral workshops. We will issue further information prior to each workshop but you may wish to make a note of the following dates:

Tues 20 Jan A Guide to Building Resilience

Tues 23 Apr A Guide to Challenging Behaviour

Suzie Smyth-Roberts, Pastoral Support Advisor

#### Oddballs

On Wednesday 22 November, an ambassador from the Oddballs foundation delivered talks to our male students in years 8-13 designed to raise awareness of testicular cancer. The talks were incredibly informative and focused on the key facts and figures, signs and symptoms, how to self-check and then what support is available should you have any concern or worries. We then delivered the same messages to staff after school. If you would like further information about the work of the Oddballs foundation, please visit:

https://theoddballsfoundation.com/



#### Year 7 Internet and Online Safety Session

Last week Mr Chandler (Head of ICT), PC Hannah Coll (our Schoolbeat officer) and Mr Coulstring (Assistant Headteacher). delivered a session to all year 7 students designed to teach them about Internet and online safety.

We looked at the topics of social media use and misuse, private messaging, online gaming and digital footprints. PC Coll then spoke to the students about the legal ramifications of taking and sharing inappropriate images online.

The session is just the first of many presentations the students will have during their time at KLB, looking at the digital world and how to navigate their way safely through the ever-changing landscape online.



#### Year 11 Students Visit SGS College

Planning for the future is a key aspect of Year 11, so we were pleased to visit SGS in Stroud to find out more about the opportunities available at the college. Thirty-two students were able to try out a range of courses, including brick laying, beauty, hairdressing, health and social care, animal science, games design, carpentry and electrics.

The students were a credit to KLB in their approach and enthusiasm, as well as in how they interacted with students from other schools in the area.

It was fascinating to see how the college experience is different from school, and the visits provided students with an insight into some of the possible routes available to them next year.

Ms De Silva, Head of Year 11



#### Year 11 Geography Fieldwork

On Tuesday 24 and Thursday 26 October, Year 11 geographers took part in fieldwork at Bourton on the Water. The aim was to investigate how tourism has affected the life of the village and to prepare students for the Paper 3 element of their GCSE course.

Students conducted pedestrian and traffic surveys, made land use maps along the high street and asked local people and tourists questions about key issues in the village.





The sun shone on both days, always a bonus for fieldwork outdoors! A productive time was had by all and thank you to the students for representing the school so well across the two days.

Now students are busy writing up their findings in the classroom and answering the key questions they had set out at the beginning of the fieldwork lessons.

C Bull, Acting Head of Geography

#### **Health and Social Care Practical presentations**

As part of the Cambridge National Level 2 course, students are required to present their own health campaign as part of their assessment.

The students had to select from Physical Activity or Alcohol as a topic and prepare a campaign on any aspect of this for a specific target audience. The presentations ranged from Physical Activity During Older Adulthood to Alcohol and Foetal Alcohol Syndrome. They delivered their campaigns to a class of willing year 8 students who then gave individual feedback for them to take away and evaluate.





At the start, the H&SC students were extremely nervous but, after presenting a number of times during the afternoon, their confidence visibly grew and they came away feeling positive about the experience. We hope the year 8 students learnt something too! Year 11's are now finishing their coursework and preparing for the final exam unit.

L Bell, Head of Health and Social Care

#### Anti-Bullying and Odd Socks Day

As part of our work highlighting Anti-Bullying week, on Friday 13 November the school took part in Odd Socks Day. We raised close to £300 pounds from students choosing to show off their unique personalities by wearing odd and wacky socks. We will donate the money to the Anti-Bullying Alliance to support the excellent work they do.



place.



Odd Socks Day was a great way to kick off our focus on anti-bullying. Our work to stamp out bullying continues throughout the year; our BEE-Team of anti-bullying ambassadors have had their first meeting of the year and have started to create their action plan for the campaigns they will spearhead throughout 2023/24. We are focusing on two key area to support our anti-bullying message: firstly, we want to Ban Banter as too often this is used as an excuse for unkind behaviours; we are also looking to promote students to be Upstanders and not Bystanders if they see bullying behaviours taking

If you would like any information about the school's anti-bullying work, please feel free to contact Mr Coulstring via email or visit the <u>https://anti-bullyingalliance.org.uk/</u> who have provided the training for the anti-bullying ambassadors.

Craig Coulstring, Assistant Headteacher: Personal Development

#### **GCHQ National Language Competition**

A group of year 9 students took part in this year's National Language Competition organised by GCHQ, the UK's intelligence and cyber agency. Teams completed a series of online challenges over the course of a week, testing their language skills to the limit. The tasks relied on students' problem-solving and general linguistic ability, rather than on knowledge of specific languages they have learnt.

KLB School's leading team was Millie Philpot, Scarlett Young and Libby Townsend, who finished 348<sup>th</sup> out of about 3000 teams which entered nationally. They were competing against students from across the country, so their teamwork and achievement were particularly impressive.

David Thompson Head of Japanese



#### **TEFL Teacher Needed**

We are looking for a teacher of English as a foreign language for a group of visiting students from our Japanese partner school in March. The exchange programme with Hikawa High School is returning to the school calendar, following a four-year break. One teacher from the previous visit in March 2019 is able to continue, but we are looking for a second person to make smaller teaching groups.

Lessons will take place in the Civic Centre in Wotton during the mornings from Monday 18 to Friday 22 March 2024. This is a paid position and teachers will be required to have DBS checking. Please contact <u>dthompson@klbschool.org.uk</u> to express interest.

David Thompson, Head of Japanese

#### Life Drawing Workshop in Art

Year 12 fine artists have been enjoying creative workshops to develop their skills prior to starting their Personal Investigations. A particular highlight has been a Portrait Artist of the Year inspired activity with our lovely art technician, Jan, dressed in costume.

The students gained valuable experience of drawing from life through direct observation and worked in a medium of their choice at easels. They enjoyed the workshop and, although many found capturing a lifelike drawing of the model genuinely challenging, both Miss Taylor and Jan were thoroughly pleased with the excellent outcomes.

T Chilman, Art Teacher



#### Drama Department Panto - Wednesday 13 December



The Drama department warmly invites you to this year's Drama Club Pantomime, to be performed in the Drama Hall on Wednesday 13 December at 6.30pm – for one night only!

Current year 8 students began to workshop and script original ideas for the panto during the summer term 2023. Many have also successfully auditioned for roles in the play.

In keeping with the younger students' preference for murder mystery themes and dramatic characters, Year 12 students (most of whom are taking an A level in Drama) have developed the Cluedo script for the performance.

You may have had a preview of some of the talent on display at the welcome showcase in term 1. The panto will be another wonderful opportunity for the students to demonstrate their skill and creativity, ideally in front of a good crowd. We hope you will come along to support our young cast and celebrate the occasion with them in the festive tradition of pantomime – it should be the perfect evening to kick-start the Christmas countdown!

KLB Friends will be on hand to provide refreshments both before the performance and during the short interval. Tickets will soon be available on Scopay, so stay tuned for further details.

J Blake, Head of Drama



The latest statistical report from DofE reflects that, across the 21/22 and 22/23 academic years combined, KLB School was in the top five of over 500 centres in the South West for total award achievements (at either Bronze, Silver or Gold level):

Bronze awards	202
Silver awards	83
Gold awards	30

Well done to all participants who completed their award over the last two years. We hope you are Proud to Be a DofE award achiever.

We would like to take this opportunity to thank all those at school, home and in the wider community who support the DofE scheme by offering volunteering, physical and skills opportunities and by assessing these activity sections for participants. The programme could not run successfully without the guidance and mentoring you provide.

Any students who have participated in recent years but who have not yet completed can still do so. If you have any questions about the award programme, please email <u>hisaacs@klbschool.org.uk</u>

Helen Isaacs, DofE Coordinator

#### Inter-faith Week: Worldview Competition

The RE department is currently running a competition to recognise Interfaith week which took place from 12 - 19 November. The week celebrates the diversity of society with people of different faiths and aims to increase co-operation and discussion between people of all faiths and none. In RE we have chosen to recognise this by building upon the Worldview work we have been developing at KS3. With this in mind, we have invited all KS3 students to enter our competition to share an aspect of a religious worldview or of something that is important to them and forms a part of their own worldview.

We would love to have entries from as many students as possible: each entry will receive five pace points, as well as the chance to win further prizes.

Here are a few of the great entries we have had so far.



# Interfaith Week

#### 12<sup>th</sup>-19<sup>th</sup> November

#### Worldview Photo Competition

Take a photo that expresses or shows an aspect of your own worldview, or a worldview that we have studied in RE.

**Worldview**- how individuals view the world around them. It may be shaped by your beliefs, values, feelings, relationships and more.

Submit your entry by email (with a brief explanation) to Mrs Williams <u>kwilliams@klbschoo.org.uk</u> by Friday 1<sup>st</sup> December.

The winning entry will receive a £10 voucher, there will also be house points available for the top five entries and all entries will receive Pace points.











#### K Williams, RE Teacher

#### **November Diversity Books**

Each month we are sharing two books recommended by students in our recent diversity book project in RE.

Both books this month are by author Jewell Parker Rhodes. Born and raised in Manchester, a largely African-American neighbourhood on the North Side of Pittsburgh, Jewell was a voracious reader as a child. She is the author of seven books for children including the New York Times bestsellers Ghost Boys and Black Brother, Black Brother. Her other books include: Paradise on Fire, Towers Falling, and the Louisiana Girls Trilogy; Ninth Ward; Sugar; and Bayou Magic. She has also published six adult novels, two writing guides, and a memoir.

Jewell has received numerous honours including the American Book Award, the National Endowment of the Arts Award in Fiction, the Black Caucus of the American Library Award for Literary Excellence, the PEN Oakland/Josephine Miles Award for Outstanding Writing, and a Coretta Scott King Honour.



#### Black Brother, Black Brother by Jewell Parker Rhodes



Donte wishes he were invisible. As one of the few black boys at Middlefield Prep, he feels as if he is constantly swimming in whiteness. Most of the students don't look like him. They don't like him either. Dubbed the 'Black Brother', Donte's teachers and classmates make it clear they wish he were more like his lighter skinned brother, Trey. Quiet, obedient.

When an incident with 'King' Alan leads to Donte's arrest and suspension, he knows the only way to get even is to beat the king of the school at his own game: fencing. With the help of a former Olympic fencer, Donte embarks on a journey to carve out a spot on Middlefield Prep's fencing team and maybe learn something about himself along the way.

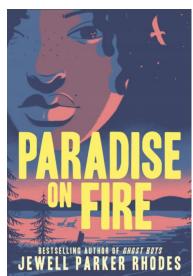
#### Paradise on Fire by Jewell Parker Rhodes

Addy is haunted by the tragic fire that killed her parents, leaving her to be raised by her grandmother. Now, years later, Addy's grandmother has enrolled her in a summer

wilderness program. There, Addy joins five other Black city kids - each with their own troubles - to spend a summer out west.

Deep in the forest the kids learn new (and to them) strange skills: camping, hiking, rock climbing, and how to start and safely put out campfires. Most important, they learn to depend upon each other for companionship and survival.

But then comes a devastating forest fire ... it's up to Addy to lead her friends to safety.



K Williams, RE Teacher

#### **Attendance at School**

The school is required to give every child an attendance mark for every school session, for safeguarding reasons. If your child is absent from school, it is important that you communicate the reason for the absence by absence on the first and any subsequent days. You can do this by leaving a message on the attendance line at 01453 842227 or by emailing <u>attendance@klbschool.org.uk</u> by **8.20am**.

The school's absence and attendance policy can be viewed on the link below: <a href="https://klbschool.org.uk/parents/absence-attendance/">https://klbschool.org.uk/parents/absence-attendance/</a>

Thank you for your cooperation and support.

#### **Library News**



National Non-Fiction November was established by the Federation of Children's Book Groups to highlight the importance of information books and to promote reading non-fiction for pleasure. Each year, National Non-Fiction November has a different theme. This year's theme is Wonderful Water.

To celebrate and to highlight all the fantastic non-fiction books we have in the library, we are inviting students in years 7, 8 and 9 to design a bookmark to reflect this year's theme with the best entries winning prizes. The competition is running throughout November and we will feature the winning entries in next months' newsletter. Good luck to all entrants!



The Federation of Children's Book Groups Charity No. 268289

#### E-Books



Students should remember that we have a subscription to an e-book platform. This means that the whole school has access to over 1,000 e-books including some Graphic novels and popular latest titles. All students are able to log in and borrow from the range of books on offer. The best course of action is to download the app (available

from the App store or Google play) and then search for the school library - Katharine Lady Berkeley's school.

Login details are: Username: full school email address Password: library

#### **Local Libraries**



Anyone who is a member of the Gloucestershire public libraries, can access a wide range of books, DVDs, audiobooks, magazines to borrow free of charge. If you are not a member, why not just pop in to your local library or complete the online form to sign up for a membership to take advantage of these fantastic services? If you are



already a member, you can download the apps for e-books and e-audiobooks for Android, Kindle Fire and iOS. To borrow e-books or e-Magazines, use the Gloucestershire Libraries website with your library card or visit the Libby App by Overdrive page to find out how to download the app.

Esra Koroglu-Ward and Leah Hill, Librarians

#### **Examination Invigilator Vacancies**

The school is seeking to appoint invigilators on a casual work contract to join our existing Examination Team. The role involves assisting the Examinations Officer in overseeing and supervising examinations within the school and ensuring guidelines and regulations are followed. Training will be provided. Salary will be paid at NJC Point 2 - £11.59 per hour.

We are looking for applicants who are organised, have effective communication skills, are calm, show initiative, as well as being able to work independently and as part of a team. The hours of work are variable and are based on availability during the examination sessions.

The busiest period will be during the core public examinations through May and June each academic year. Invigilation support during mock examinations may also be required which take place in November/December.

Further information can be found at Join Our Team - KLB School

#### **Christmas Collections – Rotary Shoeboxes and Teckels**

The Rotary Club of Cotswold Tyndale works closely with KLB School, organising and supporting many activities, which provide great opportunities for our students. Once again, we are delighted to support The Rotary Club's Shoebox Scheme (<u>https://www.rotaryshoebox.org/</u>).

Year	Box 1	Box 2
7	Child (Boys)	Babies
8	Babies	Household
9	Household	Child (Boys)
10	Teenagers (Boys)	Child (Girls)
11	Child (Girls)	Teenagers (Boys)
12	Household	Teenagers (Girls)
13	Household	Teenagers (Boys)

#### Child ~ For young children

Cars, trucks, etc, balls, complete jigsaws, action figures, colouring books, pens, crayons, yo-yo, bubble blowers, wooden and plastic toys, pencil case, pencil sharpener, dominoes, playdough / plasticine & cutters, fluffy toys, dolls, stickers, writing pads, skipping rope, scarf, mittens / gloves, hat, harmonica, games, cards...

#### Teenagers ~ up to 18 years age

Sportswear, scarf, gloves, socks, hat, football memorabilia, writing materials, games, playing cards, tennis ball, tooth brush & paste, roll-on deodorants, comb, mirror, costume jewellery, make-up, hair brush, toiletries, school stationery, clothing repair kits, sketch pad, coloured pens / pencils... Each tutor group supports the scheme by providing the contents for two boxes, which will be distributed in Eastern Europe.

The deadline for students to bring in items for the boxes is **Monday 11 December**.

#### Household Goods ~ For older folk & families

Scarves, gloves, hats, wrapped soap, toothpaste, toothbrush, disposable razors, shampoo, soap flakes, pan scourers, antiseptic cream, bandages, face or body creams, cosmetics, pens, writing pad & envelopes, T-lights, candles, sewing kit, scissors...

#### Baby ~ Age up to 12 months

This is given to new mothers and can include baby wipes, baby shampoo, baby oil, talc powder, bonnet, bootees and mitts, baby grow, baby blanket, small soft toy or plastic rattle...

Romanian Customs now stipulate all items for babies must be new items

#### WHAT NOT TO INCLUDE IN ANY BOX

Do not include any sweets, chocolate, drinks or food of any kind (They are against Customs regulations at country borders)

Battery operated toys, conflict related items, matches, inflammable liquids, inflammable aerosols (eg: deodorants & hair spray), seeds or any other living material, automatic washing machine powders

Please securely sellotape tops of liquid containers. Protect anything sharp and do not put anything sharp into a CHILD box

In addition, we have a collection box at Reception for any donations to the **Teckels Christmas Collection**. Teckels is a local animal rescue sanctuary, which relies on additional contributions and donations at this time of year. The following items are useful:

Dogs: Tins of hotdogs/spam, soft treats, pigs' ears, tough toys, nylabones, poo bags, 2nd hand audio books, chews, collars/leads.

Cats: Catnip, tins of sardines, interactive toys, treats, Pets at Home vouchers (for special food/cat litter), soft blankets, kitten food pouches, pet remedy/Feliway plug-ins.

Please note that all donations are voluntary. We are aware that the cost of living crisis will mean that not all families are able to support these campaigns this year and would not wish families to feel they are under any obligation to contribute if they are unable to do so.

#### Christmas is coming.....

We will be serving our festive menu in the canteen each Tuesday, Wednesday and Thursday from week commencing 4 December until the end of term.

We will be doing

Festive Curry or Soya Curry

Festive Pie or Soya Pie

Festive Pasta Bake or Soya Pasta Bake

There will also be a selection of festive sweet treats so keep your eyes peeled!

#### Christmas is coming.....

Full Festive or Brie and Cranberry Available in either Panini or Sandwich At the snack shack from Monday 4 December Full Festive Panini £3.00 Full Festive Panini £3.00 Full Festive Sandwich £2.20 Brie and Cranberry Panini £2.80 Brie and Cranberry Sandwich £2.00

#### **Boys Indoor Hockey Success**

Our U16 and U18 boys' indoor hockey squads were in Regional Finals action and, once again, produced a set of results to be proud of. Our U18 boys, who competed at Wellington School, made the semi-finals and narrowly lost to Dean Close School on penalty shuffles. A fantastic outcome after qualifying from a pool that included Millfield, Canford School, Clifton College and Warminster.

Players of the tournament: Scott Patterson, James Austen and Jacob Edwards.

Pool Games:	KLB 2-1 Millfield
	KLB 2-1 Canford School
	KLB 2-0 Clifton College
	KLB 2-1 Warminster



Semi Final: KLB 0-0 Dean Close (KLB losing 2-3 on shuffles)



Our U16 boys went one-step further and qualified for England Hockey Super 6's National Finals at Whitgift School. This followed a highly competitive regional final at West Buckland School. The squad defeated an excellent Taunton School side in a thrilling final (despite having been comfortably beaten by the same opposition in the pool stages). An incredible day for our students, parents and indoor hockey programme. Players of the tournament were Matthew Pullin, Isaac Edwards, Charlie Emms, Alex Bienemann and Ted Wallace.

The squad will now represent the West at the National Finals on 8 December.

Pool Games: KLB 8-0 West Buckland KLB 4-6 Taunton School Semi Final: KLB 2-0 Dean Close

Final:

KLB 2-0 Taunton School

#### KLB Sport Wellbeing Padlet

Being active can improve self-perception and self-esteem, mood and sleep quality, reduce stress, anxiety and fatigue. KLB Sport are proud to offer our students help and advice of how to keep active beyond the classroom in order to improve mental and physical wellbeing.

For advice and guidance on how to keep yourself physically active, please access our Wellbeing Padlet. We update this page regularly to provide advice on healthy eating, accessible exercise and much more. To access our Wellbeing Padlet please access the following link: https://padlet.com/rmeredith8/klb-sport-wellbeing-byp4aqyoal25zw7p

nttps://padiet.com/rmereditn8/kib-sport-wellbeing-byp4agyoal252 or scan the code on the right

For up to date news and announcements please follow @KLBSport on Instagram, Threads or X.



R Meredith, PE Teacher

#### **NSEA Show-Jumping at West Wilts Equestrian Centre**

Dottie Read, Ella Cranwell, Flo Hall-Smith and Winnie Read travelled to West Wiltshire on 19 November to compete for KLB in the 80cm and 90cm schools show-jumping qualifiers.

This was a learning exercise for most team members, with Dottie and Ella riding new horses, and Flo competing for the first time at the upper height. Flo was delighted to get her first 90cm under her belt and Ella learned lots on her new horse. Winnie rode two solid rounds with just a couple of poles falling and Dottie came away with two clears and was placed 9th in



the 90 cm in a field of over 70 competitors.



A great day with super supportive team spirit and a big thank you to Mrs Bates for her support and the top class carrots!

Mrs A Read

#### 2023 Pistol Shooting Championships



During half-term Dottie Read (pictured right) represented the school in the Welsh National School Pistol Championships.

Dottie placed sixth in her age group. A great achievement.

#### **Polo Success**

At the Polo Championships at Cowdary Park, Buster's Pony Bibi won Best Playing Pony and made the Polo Times Magazine!



#### **KLB** Friends

Well, what can we say, but thank you for your incredible support.

You have baked, donated, purchased and showed up to all the events where we have needed your help.



A special thanks to Caroline (our Secretary) and her incredible band of volunteers who stood in the cold and served amazing pork rolls at the Roundtable Fireworks Event. Thank you.

Thank you to the Roundtable for their support since the new committee have taken over - we are very grateful. Still awaiting final figures but we will let you know as soon as possible.

We were overwhelmed by your response to the request for donations for our Wine & Water event. You may very well have seen Ali (our Treasurer) touting for business in the KLB car park, not your usual morning drop off sight!

Hopefully, you made it to the Christmas under The Edge event which happened on Saturday. It was a fantastic festive occasion and with Janet (Vice Chair) organising and up-selling, we sold out, generating an incredible £360! Thank you.

We have a busy few weeks coming up with the Pantomime <u>https://volunteersignup.org/CAKXA</u> and Carol Service refreshments and the Year 7 Disco <u>https://volunteersignup.org/WHJPF</u> tuck shop. If you can help please sign up on the Volunteer sign up links or drop us a message. We would, as ever, be really grateful.

Finally, we wish you all a very Happy Christmas and a wonderful New Year.

Friends of KLB

# The Keepers What's on in DECEMBER?

The Keepers is a community hub supporting the residents of Wotton and surrounding areas. It is here for everyone. Either come along to one of the organised groups below, or just pop in for a chat and a cuppa - whenever we are open. Come as you are, bring what you can and take what you need.

### Monday

Parent Support Group - a support group by parents for parents. 9:15am - 10:45am

Citizens Advice - to book an appointment call 0808 800510/511 or just drop in. 11th December. 10am - 2pm

Age UK Gloucestershire - a social group for those who are 50+. *11am - 12:30pm* 

Age UK Cloucestershire Help Team - drop in and ask questions about any aspect of later life. No booking needed. 4th December. *Ilam - 12:30pm* 

Chair Yoga - join in with some gentle, supportive yoga. Open to all. No booking is needed. Pay As You Feel (PAYF). 1:30pm - 2:30pm

After School Drop in - reading, games and toast available. Children to come with an accompanying adult. Also runs through the holidays. *3pm* - *4pm* 

Menopause Support Group - a peer support group for those affected by menopause. 4th December. 7pm - 8:30pm

## Thursday

Lloyds Bank - drop in for basic transactions such as account balance, direct debit, standing order and bill payment enquiries for both personal and business account customers. No cash services are available. 9:30am - 3pm

Wotton Area Neurodivergent Support group (WANDS) - a group run by, and for, ND adults and parents/carers of ND children including Autism, ADHD, PDA, Dyslexia etc. 14th December. 9:30am - 11.00am

Wotton Area Breast Support Group - anyone touched by breast cancer is invited to drop in and meet others who know just how it feels. The next meeting is on 21st December. 10am - 11am

Qigong - meditation, breathing and gentle movement. No booking is needed. Pay As You Feel. 12pm - 1pm

Independence Trust and NHS social prescribers' Drop in - help to connect and grow in confidence. Just drop in, no appointment needed. *Tam - tom* 

Welcome Space - run by the Independence Trust and CALMHS - a space to talk and be listened to. Call 01453 767999 to book. 1:30pm -3:30pm

Menopause Support Group - a peer support group for those affected by menopause. Usually runs on the 3rd Thursday of the month - NOT in December. 7pm - 8:30pm

French For Beginners/The Terrified (NEW) - an informal French conversation group. Come along and join in. 7:30pm - 8:30pm

### Tuesday

The Keepers' Garden - the garden is open come along to plant, dig, weed, sit or just chat with our gardener. Refreshments provided. 10am - 12pm

The Carers' Café - run by Healthcare Assistants from Culverhay and Chipping surgeries. Coffee, chat and advice if needed. Just drop in. Carers can come by themselves or bring the person they care for. 5th and 19th December. *10:30am* - *12:30pm* 

CONNECT (previously called Dementia Connections) - for anyone who would like to make connections, including those living with dementia, long term health conditions, and unpaid carers. Activities and conversation. 12th December. 10:30am - 12:30pm

Sing 2 Remember - sing together, share memories and make friends. Come and join this supported, dementia-friendly singing session. Just turn up. 5th and 19th December. 10:45am - 11:45am

Tuesday Lunches - come and join us for a warm meal, open to all and Pay As You Feel (PAYF). Spaces are limited, so to book a space please call 07585 466418 or pop in to find out what's on the menul 12:30pm - 1:30pm

The Keepers' Car Club is also running on Tuesdays to provide transport from your home to the hot lunches. Places are limited so to book please call 07585 466418 or poo in.

Rainbow Cuppa (NEW) - all LGBTQ+ folk and allies welcome to join us for a relaxed chat, coffee or bring a craft along. T2th December. 2:00pm - 3:30pm

Ukulele group - open to beginners and those who already play. Come along and join in. 5th and 19th December. 2:15pm - 3:15pm

## Friday

The Keepers' Garden - the garden is open -Come along to plant, dig, weed, sit or just chat with our gardener. Refreshments provided. *10arn - 12prn* 

Drop In Café - all welcome on a Pay As You Feel basis. This cafe is quieter than a Wednesday, the tables are spaced apart, board games available if wanted. II:30am - 12:30pm

> Monday, Tuesday and Thursday: 9.00am - 4.00pm Wednesday and Friday: 9.00am - 1.00pm

CLOSED on 26th and 28th December

### Wednesday

Drop In Café - all welcome on a Pay As You Feel basis. 10am - 12pm

Craft and Chat with tea and cake - held fortnightly on 6th and 20th. Come and have a go at Kurnihimo and porn porn keyrings or bring your own creative project 10am - 12pm

P3 Drop In - help with a range of issues e.g. housing, debt and benefit support. No booking needed. 10am - 12pm

Job Club - help with CVs and employment support. Drop in, no booking required. 10am -12pm

Stroud District Council Housing Officer Drop In - pop in and talk to Rachel. 10:30am - 11:30am

Health Visitor Drop In - available to weigh babies and answer any questions. Next drop in is on 6th December. 10am - 12pm

Cloucestershire Real Nappy Project will be visiting, a great chance to find out about washable nappies. 6th December. 10am - 12pm

Men's Shed - talk about the projects they're working on and discuss yours. 13th December. 10am - 12pm

NO Wotton Area Neurodivergent Support group (WANDS) - a group run by, and for, ND adults and parents/carers of ND children including Autism, ADHD, PDA, Dyslexia etc. The next meeting is on 31st January. 7pm - 9pm

Telk Club - a new talking and listening club for men to help keep mentally fit, 6th and 20th December, 7pm - 8:30pm

#### **CHRISTMAS**

2nd December Christmas under The Edge - Santa and Town Hall Teas. 4pm - 8pm

23rd December Cafe with carols. 10:00am - 12pm (carols 10:45am - 11.15am)

25th December Christmas lunch. Booking required. 11:45am - 2:00pm

27th December Cafe with cake and soup. 10:00am - 12:30pm

29th December Cafe with cake and soup. 10:00am - 12:30pm

Please check the weekly timetables on the website as some activities will not run in the last two weeks of December.

It's important to us that everyone is included, the Hub is accessible to all and we work in collaboration with other local organisations. www.thekeepers.org.uk Reg Charity No. 1192121